


# Please Join us 5 Year Health Plan



HULI'TUN  
HEALTH SOCIETY

Huli'tun Health Society would like to invite Lyackson and Halalt community, family and friends to share a meal and **review the new**

## **HHS 5 Year Health and Wellness Plan.**

 Your entire family is welcome to attend. There will be Door Prizes, food, snacks and beverages.

**Join Us for a Feast!** We're excited to announce that **Vancouver Island Catering** will be serving a delightful menu featuring succulent turkey, enjoy traditional stuffing, and variety of delectable desserts.

Come ready to enjoy a fantastic meal with us!

Please let us know if you have any dietary restrictions or food allergies we should be aware of.

**Sunday, April 12, 2026 Doors open at 12 pm and the meeting will start 1pm to 4:00 p.m.**

**Halalt Gymnasium along the Chemainus Road**

Call the office if need ride to gym (250) 246-2127.





**Sunday, April 12, 2026**

**12 pm**—Doors will open

*12 pm to 12:30 pm visit employee tables. Health information.*

*Enter for chance to win Gift pass to **Malahat Skywalk!***

**12:30 pm**—Lunch will be served

**1:30 pm**—Introduction from Qwuy’um’aat (Eyvette) Elliott, Ever Plan Consulting

**2 pm - 5**—Year Health Plan ✨

**2:15 pm**—Health Break

**2:30 pm**—Questions & Answers

**3:30 pm**—Door Prizes

**4 pm**—The Event is adjourned

