HULI'TUN HEALTH SOCIETY

Huli'tun Week October 20 to 24, 2025

- **Tuesday**
  Nurse Practitioner and Team
  Food for the Soul at 12:00 noon and everyone is welcome.
  Hul'qumi'num 5:00 pm and everyone is welcome.
- **Tuesday**
  Drop in for your "flu" vaccination.
  COVID vaccinations are also available.
  Reminder: if your precious baby or children need the MMR vaccination, contact Sylvia Landry, RN.
- **Wednesday**
  Employee Team Meetings occur on a weekly basis.
  The HHS Employees have annual training.
  The office will be closed 12:00 pm to 4:30 pm on October 22, 2025.
  We are working on the garden in front of the office!
  November Planning
  We are preparing for the National Addictions Awareness Week at the end of November. We intend to have two meetings: one for community and one for Elders with the RCMP and the Coroner to address the Opioid Crisis.
  Accreditation Planning
  The HHS is currently working on Infection control, handwashing in particular. We will have the cold and flu season hand sanitization stations set up and masks will also be available.
  To adequately protect yourself, your mask must cover your mouth and nose.
- **Thursday**
  Elder's Lunch at 12:00 noon
  Sewing Group at 5:00 pm
  Employee Training: the office will be open.
- **Good Food Gift Card**
  We have a draft policy and procedures; yet to be finalized.
  We encourage you to see Sylvia Landry, RN to finalize monthly eligibility.
- **Chiropractor**
  Call in for your next appointment.
  Scheduled for Monday or Friday; watch the HHS FB for notices.
- **Foot Care**
  Directly at the foot care clinic.

- **Youth Recreation**
  Reminder to submit the backup paperwork or receipt. Ensure it is attached to your application.
  The BOD approved the new application Policy and the maximum per fiscal year per applicant is $500.00
- **Health Director and Board of Directors**
  We are continuing to work on the 5 Year Health Plan.
  The Survey closed on October 15, 2025.
  Cash prize winners; the cheques will be issued on October 24, 2025.
  The Health Director and the Board of Directors meet once a month and from time to time have additional meetings.
  The Finance Committee is meeting this month; the Committee makes recommendations to the Board of Directors.
- **Intended Community Meeting**
  HHS intents to host a community meeting to share "What We Heard" based on the feedback from the 5 Year Health Plan Long Survey.

Huy tseep q'u Sii'em
Take Good Care of yourself
Spiritually, Mentally, Emotionally and Physically!

HULI'TUN
HEALTH SOCIETY

Huli'tun Health Society – Upcoming Halloween Events at Galey Farms

Date: October 20, 2025
From: Huli'tun Health Society
Re: Lyackson Halloween Celebration at Galey Farms – October 2025

Dear Lyackson Community Members,

We are excited to announce that Huli'tun Health Society is intending to host a special Halloween event in collaboration with **Galey Farms**, located at **4150 Blenkinsop Rd, Victoria, BC V8X 2C4**. Please look for Gwen Thomas' event flyer.

This event is part of our ongoing commitment to fostering community wellness, cultural celebration, and family-friendly engagement. We invite all Lyackson families, children, youth, and elders to join us for a day of fun, connection, and seasonal festivities.

🎃 Event Highlights:

- **Intended Date & Time:** October 28, 2025 at 6:30 pm
- **Intended Location:** Galey Farms, Victoria, BC

📝 RSVP Registration:

To ensure a safe and enjoyable experience for all, we kindly ask attendees to register in advance. Registration details will be available by calling the office 250 246 2127 or 250 510 2794 to contact Gwen Thomas, Lyackson Community Health Representative. Kindly text Gwen Thomas with the number of family members including the number of children.

Gathering Point

We will meet you at the farm!

We look forward to celebrating this festive season with you and your loved ones. Let's come together to create joyful memories and strengthen our community bonds.

Respectfully,

Huli'tun Health Society

Maureen Wilson, BA, MALT, CAPA
Health Director

HULI'TUN
HEALTH SOCIETY

🎃 Huli'tun Health Society Presents: Halalt Halloween at Buchart Gardens!

Date: October 20, 2025
From: Huli'tun Health Society
Re: Huli'tun Health's Halalt Halloween Celebration – October 2025

Get ready for a **spooktacular family fun event** at the beautiful **Buchart Gardens in Victoria, BC**! Join us for a few hours that will be filled with laughter, costumes, and community spirit as we celebrate Halloween in a safe and festive way.

This event is open to all **Halalt First Nation** families. Costumes are encouraged, and smiles are guaranteed!

👻 📍 **Location:** Buchart Gardens, Victoria, BC
🗓️ **Date:** To be announced soon
🕒 **Time:** Will be shared with the confirmed date
🎟️ **RSVP Required** – Space is limited, so be sure to reserve your spot early!

👉 **Stay tuned for the official date announcement.**
For more information or to RSVP. Kathleen August, Halalt Community Health Representative will be sharing an event flyer.

🎃 **Trick or Treat**
Tick or Treat with Huli'tun Health Society will include some toothbrushes, floss and toothpaste.

Keeping our children and youth's oral health is a key priority; we envision our teeth lasting a lifetime!

Respectfully,

Huli'tun Health Society

Maureen Wilson, BA, MALT, CAPA
Health Director